Tilery Primary School

PE

What we will offer

At Tilery Primary School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. The aim of our PE curriculum is to provide all children with high quality sports provision, increase our children's knowledge and skills and promote high aspirations for sporting achievement. We aspire for every pupil to succeed and achieve to their full potential whilst acknowledging and promoting the need for an active healthy lifestyle. We strive to inspire our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. Through our teaching of PE, we will provide opportunities for pupils to develop values and transferrable life skills such as fairness and respect as well as providing them with opportunities to take part in competitive sport.
Children have the opportunity to develop skills across all aspects of the PE curriculum with the aim to prepare them for their future education and potential careers.

How we will deliver it

• PE at Tilery Primary School provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming, health related exercise and outdoor & adventure.

• School employs a qualified PE teacher through MD PE to ensure children have access to the highest quality teaching and learning. The purpose of this is to show pupils the importance school places on this subject and how this knowledge can lead to successful careers.

- School follows the Complete PE curriculum and our long term plan sets out the PE units which are to be taught throughout the year. This ensures that the requirements of the National Curriculum are fully met whilst enabling our children to know more, do more and remember more as they progress through our school.

- During lessons :
- pupils are allowed time to discuss progress and learning
- understanding is checked systematically using effective questioning
- pupils are challenged, even when they begin to tire and are encouraged to find their own ways of making their performances better
- tasks set are suitable to each ability groups (extension and simpler tasks are implemented as the learners need them)
- pupils' needs are thoroughly met through well-planned and imaginative activities
- pupils understand the purpose of the task in relation to the learning
- pupils are moved on with the sequence of learning when they are ready
- pupils are told why their performance is either good or needs improving
- the teacher understands what high-quality performance looks like
- pupils make rapid and sustained progress
- teachers assess pupil progress against agreed endpoints at the end of each topic in accordance with the documentation linked to our scheme of work, Complete PE.

- Pupils participate in two high quality PE lessons each week, led by their classroom staff or by a specialist PE teacher who will work with classes for 3 half terms per academic year. In addition, children are encouraged to participate in the varied range of extra-curricular activities such as a lunch time sports club led by our PE specialist teacher and after school sport clubs.

- Pupils and staff can evidence what has been learned in lessons through displaying photos, pupil comments and reflections in a subject specific floor book. Further photographic and video evidence is also saved within a PE Evidence folder, saved on the staff shared area.

- Children are encouraged to participate in competitive sporting activities both within school and also outside of school which are led by Stockton Sports Partnership. This is an inclusive approach, which gives all children the opportunity to participate and which encourages not only physical development but also mental well-being. These activities also help develop teamwork and leadership skills and are enjoyed by the children. Regular inter-class competitions provide opportunities to apply the skills and knowledge acquired during PE lessons.

- Each year a small group of Year 6 children are chosen to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with the Time for Change club, our annual Sports days and any other Sporting activities run within school.

- Children in Year 4 & 5 are given the opportunity to swim for 3 two week blocks during the year. Year 6 children who have not yet achieved their 25m certificate will also be given the opportunity for additional sessions prior to leaving school.

- Classes are encouraged to participate in 'Wake Up 'activity sessions at the start of the day and playground equipment is available for all classes to encourage children to be active during break times and to help meet the government target of all children being active for at least 60 minutes a day.

- We know that the quality of lessons offered to the children are good through evidence collected during learning walks, lesson observations and pupil voice activities. The PE subject leader is able to ascertain what children have remembered, what they have learned, what they are able to talk about and the knowledge and skills they have acquired during each PE unit.

The difference it will make

At Tilery Primary School we ensure that our PE curriculum is progressive and allows children to develop fundamental skills and apply them to a variety of sports and activities. This is evidenced through the use of floor books, photos and video recordings and the Complete PE assessment tool. We help motivate children to participate in a variety of sports through high quality teaching that is engaging and fun. All children are provided opportunities to try different activities and sports during their time at Tilery and are encouraged to participate or engage with clubs and teams outside of school. The vast majority of children enjoy PE and many develop a love of sport and physical activity, that we hope they pursue in future life outside of primary school. Our children have a growing understanding of how to lead a healthy lifestyle and the importance of exercise and will grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

The success of our PE curriculum is that it allows our children to acquire the appropriate knowledge and skills, inspiring them to succeed in the next stage of their education and aspire to potential careers.